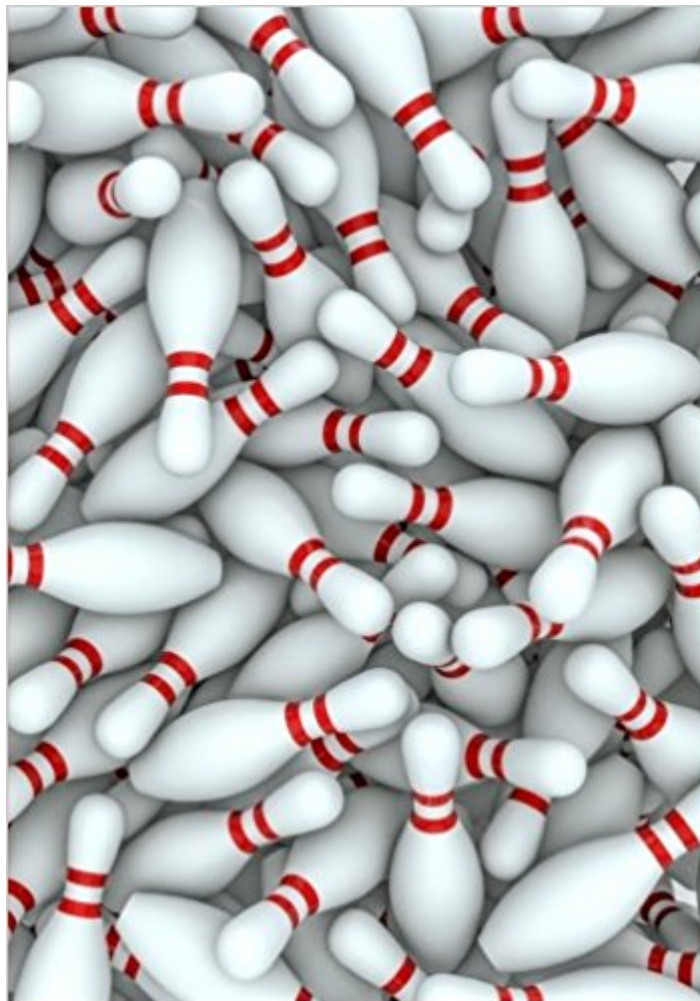


The book was found

Bowling Notebook



Synopsis

Bowling with Goals Succeed Because They Know Where They're Going! Do you love bowling? Do you enjoy writing in old fashion notebooks and journals? Then you need the Bowling Notebook FREE BONUS INSIDE Included inside is a link to download a free copy or an amazing adult coloring book featuring mandalas, animals and butterflies. Aside from enjoying your Bowling Notebook, enjoy hours of enjoyment and relaxation with beautiful adult coloring pages. Laptop Or Paper Notebook? Technology promises to make our lives more productive. Indeed, some things are faster and easier than ever. Unfortunately, a lot of technology is designed for the task, not for the user. As a result, people are able to take more notes, yet understand less. Have you ever taken copious notes in a class or meeting using your computer only to realize afterwards you still didn't understand? Taking notes on paper forces you to synthesize rather than merely transcribe. Imagine you were wrongly accused of a crime and the world's most experienced court stenographer offered to represent you for free. Would you try to save a buck or shell out the money on an experienced attorney? The stenographer has heard as many court arguments, been in as many trials, listened to as many verdicts as most attorneys. However, their experience has primarily been that of transcription, not of comprehension and understanding. Because you desire comprehension and understanding rather than simple transcription, the Bowling Notebook is a must. Studies About Benefits of Paper Notebooks Don't just take my word, based on a study conducted at UCLA, the Association for Psychological Science indicated that "taking notes by hand is better than taking notes on a laptop for remembering". Will you take advantage of this knowledge to gain an edge on your competition at school, work, or business? How will better understanding make things help you achieve your goals? Organize Your Life Get rid of little scraps of paper you use to capture inspirations and ideas, daily tasks, notes, and phone numbers. Use the Bowling Notebook to neatly organize your life. Feel Better By Logging Your Progress In my corporate days, I'd instruct employees to write down accomplishments as they happened. During annual reviews, we are bogged down with current issues and activities and it's hard to remember the great things we did 9, 6, or even 3 months ago. Write down your accomplishments with your hobbies, weight loss, and other life goals. Use the Bowling Notebook notebook to look back feel good about yourself and the things you've done! Inside, you'll find: A 2017 calendar for remembering important occasions A link to download a FREE adult coloring book 100 pages for writing What Really Matters? Think about the importance of your birth certificate, marriage certificate, property deeds, or even the laws that govern our society...the stuff that really matters goes onto paper! Make what you do matter! Buy the Bowling Notebook today, make what you write matter! ! Click the Buy button at the top of the page

to begin.

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